

Ten best new words!

From Kaizen's trainer Haider Imam- www.kaizen-training.com

Entertrainment: sticky, fit-for-purpose learning and a 'hoot' at the same time, whether it's a trainer being a stand-up comedienne or the group making a presentation on performance management (in the style of a Scooby Doo episode). Humour aids learning.

Delightmare: a wonderful 'problem' to have. For example, do I drive the Porsche or the Aston to work today? Nightmare! On a more useful note, it's a 'reframing' attitude at it's best: unless you're facing imminent physical or emotional threat, you can always find a way that your current challenge serves you. Delightmare!

Workafrolic: Doing what you do because you simply love it and can't imagine not doing it. For example, a workafrolic wins £10 million on the lottery and still goes back to work because they can't think of a better way to spend their time than pursuing their passion.

Learnertic: A learning monster; a voracious consumer and sharer of research, stories, theory, applications, case studies, courses, media. Learning something gives a learnertic an opiate high!

Funcomfortable: It's fun. It's uncomfortable. It's edgy. When you experience this state you're alive and in the present moment and open to major learning.

Co-op-etition: a scenario where an organisation is working hand in hand with a competitor to produce a new product / service, or to service a mutual customer (increasingly common in progressive organisations)

Draining Officer: someone who runs draining workshops when people expected training workshops. They literally suck the life out of you with 57 PowerPoint slides, chalk-and-talk and boring content. Avoid.

Penergetic: A creative state where you're inspired to pick up a pen (or type an email) to write down some fabulous ideas and the words flow wild and beautiful, like the Amazon River!

Manageritis: An illness of leaders whose heads are spinning due to an inflammation of their 'power' and influence glands, thus alienating themselves from the rest of the organisation

Co-aching: When coaching turns into a sympathy session, and the coach fails to help the coachee create empowering choices, they simply 'ache' together!