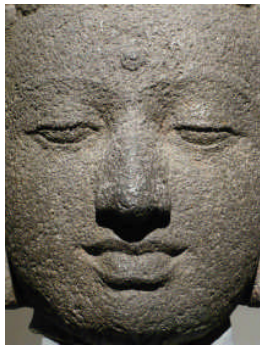


## Recipe for Unhappiness



1 cup	What is
1 cup	Inability to accept what is
3 ts	Complains
1 ts	Light whining
¼ lb	Alternative scenario (preferably unattainable)
1 bunch	Actual reality
1 pint	Idealized worldview
2 ts	Perfection
4 springs	Envy (minced) for garnish

In a large bowl, whisk together *what is* with an equal amount of inability to *accept what is*. Stir in *complains* and let sit until brooding and sulking set in. Add a dash of *light whining*, esp. in the company of friends, but be careful not to overseason, or they won't hang around. In a separate bowl, add *alternative scenario* to *actual reality* from your garden and separate leaves from stems. Then try to reattach leaves in exact pattern that existed before separation. Pour in *idealized worldview* and process in food processor using on and off turns. When mixture is purred add to *what is* and inability to *accept what is* blend. Add exactly two teaspoons of *perfection* and let stand until tears forms. Garnish with *minced envy* and serve immediately.